

# SHOULD YOUR CHILD BE AT UPCCC TODAY?



## Ok to come in

- No fever for 48 hours
- No vomiting/diarrhoea for at least 48 hours
- Mild infrequent cough
- Minimal clear runny nose
- Usual skin tone or colour
- Eating and drinking normally
- Well rested
- Active and playful



## Can come if parent can stay on call

- No fever for 48 hours
- Sporadic cough
- Minimal clear runny nose
- Usual skin tone or colour
- Eating and drinking normally
- Well rested
- Almost back to normal energy levels



## Try again in 24 hours

- Hard or continual cough
- Constant runny nose
- Discharge from nose/eyes
- Unusual skin tone or colour
- Undiagnosed rashes/spots
- Not eating and drinking normally
- Unsettled
- Hand, foot and mouth and uncovered sores– return when completely dry or with medical certificate
- Sore throat or swollen glands

## Important

- Fever of 38°C+ children can only return after 48 hours with no fever
- Vomiting or diarrhoea– Children can only return after 48 hours with no symptoms
- If you have given your child paracetamol/nuofen, they must not attend UPCCC. Pain relief can mask the symptoms of a more serious illness
- Children are excluded from the Centre for at least 1 full day after starting the course of Antibiotics. This is to allow time for the medication to take effect and to minimise the risk of infection for others.